

ON-PAGE SEO CHECKLIST

Page URL:	
(1) Primary Keyword:	Keyword Variations:
(2-3) Secondary Keywords:	
Title Tag	Introduction
 □ Front-loaded with the primary keyword □ Includes 1-2 secondary keywords without repeating overlapping terms □ Fewer than 60 characters □ Includes an element to encourage clicks 	 □ Between 100-150 words □ Primary keyword in the first sentence □ Includes 2-3 secondary keywords within the first 100 words while sounding natural
(e.g., number, year, CTA, power word)	Body Content
Meta Description	 Primary and secondary keywords used 1-3 times naturally (based on content length)
 □ Between 150-160 characters □ Includes primary keyword near the beginning 	Summary
Includes 1-2 secondary keywords naturally URL ☐ Exact match of the primary keyword ☐ Uses dashes (-) between words	 Between 100-150 words Primary keyword in the first sentence Includes 2-3 secondary keywords within the last 100 words while sounding natural
H1 Page Title	Images
☐ Duplicate of the title tag☐ Only 1 instance on the page	 Includes 1 relevant image for the primary keyword Image for primary keyword embedded directly above the optimized H2
H2 Subheadings	☐ Includes 1 relevant image for each secondary
 Includes 1 H2 for each target keyword (if possible) First H2 front-loaded with primary keyword Second H2 front-loaded with the most important secondary keyword Last H2 for the Summary section includes a partial match of the primary keyword Partial match keywords used naturally in other H2s Contains 60 characters or fewer H3 Subheadings 	keyword (if possible) Images for secondary keywords embedded directly above the optimized H2s or placed naturally on the page if no H2 is present ALT text for image includes the relevant keyword while also accurately describing the image Filename for each image matches the relevant keyword and uses a dash (-) between words Metadata for each image includes the relevant keyword (if possible)
☐ Includes keyword variations and synonyms	

(where appropriate)



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Page URL:	
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Additional Optimizations

Featured Snippet	E-E-A-T
• •	
 Page elements are formatted to match the current ranking snippet For Paragraph Snippet: 45-50 word answer directly below the optimized H2 for the primary keyword. Includes similar words and phrases highlighted in the current ranking snippet 	 Includes a byline with a link to the author's bio page Includes an author bio box (optional) Includes the published date and time (the time is optional for evergreen content but essential for news-related content) Demonstrates expert knowledge and/or first-hand experience on the subject
 For List Snippet: 5-10 (or more) H3s below the optimized H2 for the primary keyword. If current ranking snippet includes an ordered list, then start H3s with a number followed by a period. For Table Snippet: 3-column table with similar headings and number of rows as the current ranking snippet and placed directly below the 	 ☐ Includes semantically-related words for the primary keyword topic ☐ All information is accurate and up to date ☐ Includes 1-2 unique elements (minimum) not found in the top-ranking URLs (e.g., tables, charts, infographics, videos, more list items, expert quotes, FAQs, etc.)
optimized H2 for the primary keyword	Links
Content Quality	 Includes 1-3 external links to high-quality sites to add proof for claims, facts, statistics, etc.
 Original content (not copied or spun) Organized with proper heading structure (H1 to H6) Stays focused on the primary keyword topic Formatted similarly to the top-ranking URLs for the primary keyword Satisfies user search intent for the primary keyword Technical	 Includes 3-5 outbound internal links to other relevant pages on the site with keyword-optimized anchor text Includes 5-10 (minimum) inbound internal links pointing to this page with keyword-optimized anchor text Nofollow or Sponsored attribute added to external
	affiliate and promotional links
 ☐ Mobile-friendly ☐ Passes Google's Core Web Vitals for mobile and desktop devices 	Schema Markup Relevant schema markup added to the HTML
☐ Page not set to noindex	(if applicable)